ISLAMIC PORTAL · LEARN · DUA SHEET · TEENS

DRESSING AND THE MIRROR

Putting clothes on and taking them off, new clothes, and the mirror.

4 duas | Bahishti Zewar

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1 WHEN WEARING ANY ARTICLE OF CLOTHING

اَلْحَمْدُ لِلّٰهِ الَّذِيْ كَسَانِيْ هٰذَا الثَّوْبَ، وَرَزَقَنِيْهِ مِنْ غَيْرِ حَوْلٍ مِّنِّيْ وَلَا قُوَّةٍ

Al-hamdu lillâhilladhi kasâni hâdhath-thawba, wa razaqanihi min ghayri hawlim minni wa la quw-wah.

All praises are for Allah who dressed me with this garment and gave it to me without any strength and ability on my part.

Behesti Zewar (Part 6, p. 270), citing Tirmidhi

2 WHEN WEARING NEW CLOTHING

اَلْحَمْدُ لِلّٰهِ الَّذِيْ كَسَانِيْ مَا أُوَارِيْ بِهِ عَوْرَتِيْ وَأَتَجَمَّلُ بِهِ فِيْ حَيَاتِيْ

Al-hamdu lillâhil-ladhi kasâni ma uwâri bihi awrati wa atajammalu bihi fi ha-yâti

All praises are due to Allah who clothed me with which I cover my body and with which I adorn myself in my life.

Behesti Zewar (Part 6, p. 270), citing Tirmidhi

3 BEFORE REMOVING CLOTHING, WHEN GOING TO SLEEP, CHANGING, ETC.

بِسْمِ اللهِ الَّذِيْ لَا إِلٰهَ إِلَّا هُوَ

Bismillâhilladhi lâ ilâha illâ hû

In the name of Allah, apart from whom there is no Lord.

Behesti Zewar (Part 6, p. 270), citing Nasa'i

4 WHEN LOOKING IN THE MIRROR

اَلْحَمْدُ لِلّٰهِ، اَللّٰهُمَّ كَمَا حَسَّنْتَ خَلْقِيْ فَحَسِّنْ خُلُقِيْ

Al-hamdulillah, allahumma kama hassanta khalqi fahassin khuluqi

All praises are due to Allah, O Allah, as You have given me a good physical form, so also favour me with good morals and manners.

Behesti Zewar (Part 6, p. 272), citing Nasa'i