Women's Wudhu Steps

A STEP-BY-STEP GUIDE

1 Niyyah (Intention) and say Bismillah



Have the intention in your heart to perform Wudhu and say **Bismillah** (In the name of Allah).

2 Wash both hands three times



Wash both hands up to the wrists **three times.**

3 Rinse mouth three times



Rinse your mouth **three times.**

4 Rinse nose three times



Rinse your nose **three times** (gently draw water in and blow it out).

5 Wash face three times



Wash your face **three times** (from hairline to chin, from ear to ear).

6 Wash right arm including elbow three times



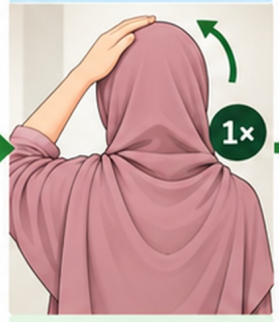
Wash your right arm including the elbow **three times.**

7 Wash left arm including elbow three times



Wash your left arm including the elbow **three times.**

8 Wipe head once



Wipe your head once (with wet hands).

9 Wipe ears once



Wipe your ears once (with wet hands). Use your index fingers inside and thumbs outside.

10 Wipe neck once



Wipe your neck once (with wet hands).

11 Wash right foot including ankle three times



Wash your right foot including the ankle **three times.**

12 Wash left foot including ankle three times



Wash your left foot including the ankle **three times.**

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