Men's Wudhu Steps

1 Niyyah (intention) and say Bismillah



Make the intention in your heart to perform Wudhu and say "Bismillah" (In the name of Allah).

2 Wash both hands three times



Wash both hands up to the wrists three times, starting with the right hand.

3 Rinse mouth three times



Take water in your hand, rinse your mouth three times, and spit it out.

4 Rinse nose three times



Take water in your hand, gently put it in your nose and blow it out three times.

5 Wash face three times



Wash your face from the top of the forehead to the bottom of the chin and from ear to ear three times.

6 Wash right arm including elbow three times



Wash your right arm from the fingertips to the elbow three times, including the elbow.

7 Wash left arm including elbow three times



Wash your left arm from the fingertips to the elbow three times, including the elbow.

8 Wipe head once



Wipe your head once with both wet hands, from the front to the back.

9 Wipe ears once



Wipe both ears once with wet hands, using your index fingers inside and thumbs outside.

10 Wipe neck once



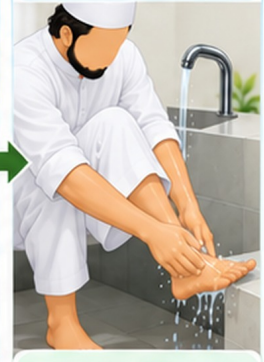
Wipe your neck once with wet hands.

11 Wash right foot including ankle three times



Wash your right foot from the toes to the ankle three times, including the ankle.

12 Wash left foot including ankle three times



Wash your left foot from the toes to the ankle three times, including the ankle.